

# KANSAS CITY, MISSOURI PARKS & RECREATION



# KRIS KRINGLE RUN

Saturday, December 12<sup>th</sup>, 2009

at

**Swope Park**

Shelter House #4

**10:00 a.m.**

The first 75 runners to sign up will receive a Kris Kringle Run long sleeve shirt.

**Pre-registration cost for the run is \$15 per runner.  
Day of the run registration is \$20 per runner.**

The "Kris Kringle 5K Run" is a challenging course that will provide enjoyment for all levels as an invigorating fitness activity. Runners will run across fields, up and down hills, and through historic Swope Park. Awards will be given to the first overall male and female finishers, and the top three male and female finishers in the following age groups: 14 & Under, 15 - 18, 19 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 64, 65 - 69, 70 year young & over.

## Runner packet

Packet pick-up and registration will be at Hillcrest Community Center, 10401 Hillcrest Road, on Dec. 11, 3-6 p.m. Packets also may be picked up the day of the run from 8:30-9:30 a.m. at Shelter House #4.

*In case of inclement weather on the day of the run, call (816) 513-7536 after 7:00 a.m.*

**Register online at [www.kcmo.org/parks](http://www.kcmo.org/parks). Online registration deadline is Dec. 10, 2009  
For more information, please call 784-7004.**



## Kris Kringle 5K Run Registration Form

**One person per entry form. Fill out and sign waiver.**

Please make Checks payable to: Kansas City, Missouri Parks & Recreation. Mail to: Hillcrest Community Center  
Kris Kringle Run / Attn. Helston Singleton, 10401 Hillcrest Rd., Kansas City, MO. 64134

Name \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Race Day Age \_\_\_\_\_

Circle One  
Adult Sizes

Address \_\_\_\_\_

Sex:  Male  Female

S M L XL XXL

City / State / Zip \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone \_\_\_\_\_

In consideration of participation in and at all playing fields, competitions, tournaments, park facilities, or other locations, properties or recreational programs of the Parks and Recreation Department of the City of Kansas City, Missouri, and Specifically the Kris Kringle Run Events, the undersigned person(s) **HEREBY RELEASES THE CITY OF KANSAS CITY, MISSOURI**, its officers, employees, volunteers, officials and agents from any and all claims, liability, loss of services and causes of action of any kind whether caused by negligence of the releaser for personal injury and property damage arising in any way out of said participation. Further, the undersigned person(s) agree to abide by and comply with all recreational rules and regulations of the Parks and Recreation department of Kansas City, Missouri. By signing my name below, I hereby have read the above, I understand this release and I agree to all of its terms.

Signature (Signature of Parent if under 18) \_\_\_\_\_

Date \_\_\_\_\_