

FEBRUARY 2012

HILLCREST COMMUNITY CENTER SENIOR LUNCH PROGRAM

10401 HILLCREST ROAD KANSAS CITY, MO 64134

816-784-7005

You **MUST** Call for a reservation or cancel a meal by 4 p.m.

the day before you would like to come to lunch!

\$2 contribution

Ineligible guest (under 60) \$5

	<p>Wednesday, Feb. 1 Orange Glaze Chicken Breast Broccoli Casserole Parsley Potatoes Tropical Fruit Whole Wheat Bread Milk/Coffee/Tea</p>	<p>Thursday, Feb. 2 Baked Sliced Ham Yams Green Beans Tropical Fruit Rye Bread Milk/Coffee/Tea</p>
<p>Tuesday, Feb. 7 Cheese burger O'Brien Potatoes Lettuce Leaf & Tomato Orange Mustard & Ketchup Milk/Coffee/Tea</p>	<p>Wednesday, Feb. 8 (3)Swedish Meatballs Rice Tossed Salad Zucchini & Tomatoes Strawber- ries & Peaches Whole Wheat Bread Ranch Dressing Milk/Coffee/Tea</p>	<p>Thursday, Feb. 9 Grilled Chicken Breast w/Gravy Mix Greens Mashed Potatoes Pineapples & Oranges Multi Grain Bread Vinegar Milk/Coffee/Tea</p>
<p>Tuesday, Feb. 14 Teriyaki Chicken Leg Scalloped Potatoes Broccoli Cinnamon Apples Whole Wheat Bread Milk/Coffee/Tea</p>	<p>Wednesday, Feb. 15 Ham & Pinto Beans Onion Marinated Tomatoes Mandarin Oranges Cornbread Muffin Milk/Coffee/Tea</p>	<p>Thursday, Feb. 16 Scrambled Eggs (2) Turkey Sausage Links Applesauce O'Brien Potatoes Orange Juice Wheat Biscuit Jelly/Milk/Coffee/Tea</p>
<p>Tuesday, Feb. 21 Beef Taco Salad Shredded Cheese Refried Beans Lettuce Salsa Pineapple Tidbits Taco Chips Sour Cream Milk/Coffee/Tea</p>	<p>Wednesday, Feb. 22 Turkey Chili w/Beans Onions on the Side Tossed Salad Mandarin Oranges Whole Grain Wheat Crackers Ranch Dressing Milk/Coffee/Tea</p>	<p>Thursday, Feb. 23 Fried Chicken Breast w/Gravy Mashed potatoes Winter Mix Wheat Roll Marble Strawberry Ice cream White Cake Milk/Coffee/Tea</p>
<p>Tuesday, Feb. 28 Chicken & Mushroom Stroganoff w/ Noodles Spinach Carrots Strawberries Whole Wheat Bread Vinegar Milk/Coffee/Tea</p>	<p>Wednesday, Feb. 29 Liver and Onions in Gravy Au Gratin Potatoes Mix Vegetables Mandarin Oranges Wheat Roll Milk/Coffee/Tea</p>	